

Are you....

- 60 or older?
- Not currently receiving a monthly senior box?
- A resident of Philadelphia, Bucks, Chester, Delaware or Montgomery County?
- Within the income guidelines below?*

If you said YES to all of the above then you qualify for a monthly senior box!

*Find the number of people in your household. If your combined income is less than the amount listed, then you are eligible.

Family Size	Annual	Monthly	Weekly
1	\$14,079	\$1,174	\$271
2	18,941	1,579	365
3	23,803	1,984	458
4	28,665	2,389	552
5	33,527	2,794	645
6	38,389	3,200	739
7	43,251	3,605	832
8	48,113	4,010	926
For each additional family member add:	+4,862	+406	94

To receive your monthly box, call the **Philabundance Food Help Line at 1-800-319-Food (3663)**. The operator will ask for your address and direct you to an agency near you where you can register and begin picking up a monthly senior box.

Boxes Contain: Fruit Juice, Vegetables, Canned Meat, Pasta, Milk, Cereal, Fruit, Non-Meat Protein, and Cheese.

The CSFP is an Equal Opportunity Provider.