

Are you...

- ✓ 60 or older?
- ✓ Not currently receiving a monthly senior box?
- ✓ A resident of Philadelphia or Delaware County?
- ✓ Within the income guidelines below?*



If you said **YES** to all of the above then you qualify for a monthly senior box!

FAMILY SIZE	ANNUAL INCOME	MONTHLY INCOME	WEEKLY INCOME
1	\$16,237	\$1,354	\$313
2	\$21,983	\$1,832	\$423
3	\$27,729	\$2,311	\$534
4	\$33,475	\$2,790	\$644
5	\$39,221	\$3,269	\$755
6	\$44,967	\$3,748	\$865
7	\$50,713	\$4,227	\$976
8	\$56,459	\$4,705	\$1,086
For each additional household member add:	\$5,746	\$479	\$111

Boxes Contain: 4 Packages Vegetables, 2 Packages Fruit, 2 Bottles or 3 Cans Juice, 1 Meat, 1 Non-Meat Protein, 2 Cereal or 1 Bag Oats, 1 Carbohydrate, Evaporated Milk, Instant Milk (6 times a year), Cheese

If you or someone you know is interested in finding food resources please call the WhyHunger Hotline at **1(800) 5-Hungry**, text your zip code to **1-800-548-6479** or visit their website at **www.whyhunger.org** and click on 'find food.' The WhyHunger Hotline can refer you to local food pantries, emergency kitchens, summer meals sites, government nutrition programs and grassroots organizations, especially those that provide access to nutritious foods and nutritional support services.



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