

the
Feed

Fall 2019

You strengthen families

Fresh produce for
every neighbor

You give the power
of greens!





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Dear Friend,

Your generosity is essential as Philabundance works to fight hunger throughout the Philadelphia area. Thank you.

This year you have helped us launch a new program dedicated to Ending Hunger. For Good. With your support, we continue to raise awareness about the challenges of hunger in our region and to educate community leaders, congressional representatives and senators and our neighbors about hunger and steps that can be taken to help us solve this critical problem.

There is still important work to do. As students return to school, families across the area are feeling their budgets tighten as they purchase new clothes, school supplies, and pitch in for classroom necessities. Often these competing needs mean less money for healthy, nutritious groceries that children need to thrive in school and in their communities.

With your support, we are able to provide our neighbors with fruits and vegetables, protein-rich meats and eggs, and the staples to make a full meal for the whole family.

Philabundance nourishes communities year-round, and we are especially focused on giving a helping hand as the weather turns cooler. Heating costs will rise, and the upcoming holiday season will present new challenges for families with children, or seniors on fixed incomes. We are grateful for your help in solving these problems.

Again, thank you for your commitment to fight hunger throughout our community. We could not feed 90,000 people each week without your support, and we are stronger as a result of your partnership with us in our mission to drive hunger from our communities and end hunger for good. On behalf of all those we serve together, thank you.

May your plate always be full,

Glenn Bergman
Executive Director

Nicole and Her Kids Have Somewhere to Turn

Nicole didn't know where to turn when she couldn't afford food for her children, but you were there to help put healthy meals on her family's table.

Nicole has two children, Nicolas, 14, and Alyssa, 8. She used to work as a waitress, but she's had a hard time keeping up with bills since she's been out of work. By the end of the month, there's little money — if any — left to pay for groceries.

That's what led Nicole to call Philabundance to find out what resources were available for her and her kids. She was pointed in the direction of a member agency near her home, the food pantry at Gibson Temple Baptist Church.

"It saved our lives," Nicole says of the food pantry. "We had nowhere to eat."

Now, Nicole can visit the pantry weekly while she works to find a new job and get back on her feet. And all the while, she can be sure her children have the nutritious food they need to grow and thrive.

"I appreciate your service and helping us stay strong," Nicole says to generous donors like you.

When you give to [Philabundance](#), you make it possible for Nicole and so many other parents to keep healthy food on the table for their families. And that means her kids and countless others will return to school with the nutrition they need to learn at their best. Thank you!



"IT SAVED OUR
lives."

Nicole has a big smile while holding groceries she received at the food pantry at Gibson Temple Baptist Church.

WE (CAN) DO MORE
With Your Dollar

YOUR
PURCHASE



OUR
PURCHASE



You're Building the Health of Our Community!

THANK YOU

Philabundance Community Kitchen Breaks Ground — and Records!

This spring, Philabundance Community Kitchen broke ground on its new job training and meal production facility at 2224 N. 10th Street thanks to record-breaking support! Construction began in June on this new, dedicated space for the program; the building is expected to be completed in early 2020. We couldn't have raised the funding needed without the support of the Commonwealth of Pennsylvania and the Honorable Governor Wolf who provided financial assistance; and The City of Philadelphia, which donated the land and provided substantial seed funding. Look out for our grand opening next year!

Ferguson Cooks Off Hunger

Ferguson Bath, Kitchen & Lighting Gallery, the largest plumbing distributor in the U.S., sponsored the 4th annual Celebrity Cook-off to Fight Hunger. Attendees enjoyed food and drinks prepared by celebrity chefs and bid on over 100 incredible auction items. The event raised over \$45,000 to support Philabundance in our efforts to feed those in need. We are so grateful to Ferguson and its customers for their continued support in the fight against hunger!

Take Action to Fight Hunger

September is Hunger Action Month – a time to raise awareness of the hunger crisis in our area and take action to stop it! We're grateful to the many partners, including SEPTA, Starbucks and Bank of America, who are taking action this month to help us feed those in need. And you can, too: visit our website to learn more at philabundance.org/hungeractionmonth.

Grateful to Our Grantors:*

Philabundance serves more than 90,000 people each week thanks, in part, to the generosity of these supporters:

Leo and Peggy Pierce Family Foundation
General Motors Corporation, GM Service & Parts Operations

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The Bank of America Charitable Foundation, Inc.
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Wakefern Food Corporation
The Snider Foundation

**List as of 7/01/2019*



Ronald Pays Your Generosity Forward

Back in 2015, Ronald Montgomery began volunteering his time at Turning Points for Children, a Philabundance partner in Philadelphia's Frankford neighborhood. When our trucks deliver groceries to Turning Points, Ronald helps unload the food, makes sure it meets regulations and checks expiration dates.

Ronald found out about Turning Points because he himself was in need. He dealt with medical problems that kept him from working, and

with only small monthly disability payments for income, he had a hard time making ends meet.

"I struggle with bills," Ronald says. "I've had to cut a lot of expenses to pay rent."

Being able to visit the food pantry at Turning Points made a real difference in Ronald's life and inspired him to help. Once he has completed the [Philabundance](#) delivery, he jumps in and helps keep the pantry running however he can.

"It's about giving back," he says of his volunteer experience. "We work as a team here."

After working in restaurants since childhood, Ronald loves to cook. He has enjoyed getting creative in the kitchen with the healthy groceries you help provide.

It's always inspiring to hear stories like Ronald's. We are truly grateful for his commitment to hunger relief here in our community!



Generosity Across ALL Generations

Did you know that you can continue to drive away hunger, long into the future? Through a will, trust, annuity, life insurance gift or other legacy gift, Philabundance supporters are able to make a difference in our community beyond their lifetimes.

To learn more, please contact our development office at 215-339-0900 or giving@philabundance.org.

Ronald helps share nutritious food with his neighbors at Turning Points for Children in Philadelphia's Frankford neighborhood.



"IT'S ABOUT GIVING
back."



Nancy and Marlene choose fresh vegetables at the Fresh Connect at Bucks County Community College.

“Healthy Food

IS SUCH A GOOD THING.”

Friends Share Their Gratitude

Friends Marlene and Nancy have spent their entire adult lives working in the [Philadelphia](#) area. And thanks to generous people like you, their community isn't letting them down as they enter their golden years.

Nancy, 60, is unemployed after working for 28 years at the same newspaper as a software installer. While she looks for a new job, she's living with her brother to help make ends meet.

Nancy's brother, 63, receives SNAP and Social Security benefits, which is helpful. But fresh produce can be a luxury, especially on one limited income.

Marlene, 69, worked for 20 years as a nurse at the Lower Bucks County Hospital. She says now that she's retired, she enjoys volunteering at local food pantries.

Marlene's father, who is 95, lives with her and her husband six months out of the year, and the other half of the year with her sister. He especially needs healthy food to keep him as strong as possible.

Thankfully, both Marlene and Nancy visit the Fresh Connect at Bucks County Community College each week. The free mobile farm market provides fresh produce to low income families and seniors.

“[This is] absolutely helpful,” Marlene says of the fresh vegetables and fruit you help provide. “Thank you.”

Nancy couldn't agree more. She says by giving to Philabundance, you're helping so many neighbors get the nutritious, fresh food they need.

“Healthy food is such a good thing,” Nancy says, cheerfully.

Thank you for investing in your community and helping ensure greater health for everyone!

You're Giving Aiden His Fill of Greens

Andrea with her son,
Aiden, 7, outside
the Fresh For All
in West Lehigh.

"WE ARE
Thankful."

Ask 7-year-old Aiden his favorite food and you just might be surprised at his answer: brussels sprouts! In fact, Aiden loves eating anything "green" and his mom, Andrea, is thankful you help make sure he gets his fill!

Andrea and Aiden just moved into their own home, and it hasn't been easy paying the bills and affording healthy groceries while she gets on her feet.

Andrea receives SNAP benefits but says her grocery budget got very tight when benefits were delayed during the government shutdown earlier this year. That's when she made the decision to visit the Fresh For All free produce market in West Lehigh for the first time.

"[Our money] got low this month," she says, noting that Fresh For All and other Philabundance free food markets help the family make up the difference.

It's extremely important to Andrea that Aiden has a healthy diet. He has asthma and eating plenty of fruits and vegetables is helpful for his condition.

Aiden is homeschooled, so Andrea's responsible for all of his meals. She confesses she doesn't love cooking, but the healthy food you help provide makes it a lot easier for her to plan meals for her and her son.

"We are thankful," she says to generous people like you.

Through your support of [Philabundance](https://www.philabundance.org/) free produce markets, you're providing fresh fruits and vegetables to neighbors across the Delaware Valley.

Thank you for growing strong families here in our community through your generous support!

Let Your Generosity Multiply!

Did you know that many employers sponsor matching gift programs and will match any charitable contributions or volunteer hours made by their employees? The impact of your gift to Philabundance may be doubled, or possibly tripled! Some companies even match gifts made by retirees and/or spouses.

You can check to see if your employer has a matching gift policy by going to www.philabundance.org/matching-gifts/ and entering your employer name. If your company is eligible, request a matching gift form from your employer, and send it completed and signed with your gift. If prompted for an email address for Philabundance, please use matching@philabundance.org.

PHILABUNDANCE
Driving hunger from our communities

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