

## TOP 10 MOST NEEDED ITEMS

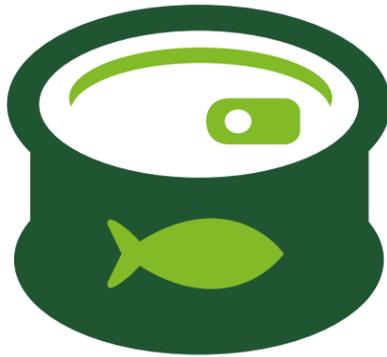
In an effort to provide the most nutritious food to those we serve, this list represents our highest food priorities. These items are high in both demand and nutritional value. While we continue to accept other items, we kindly ask you to focus your efforts on these items so, together, we can have the maximum impact for individuals facing hunger.



PEANUT BUTTER & JELLY



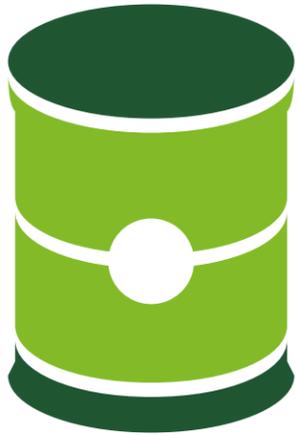
COOKING OIL



CANNED TUNA OR MEAT



CANNED FRUITS & VEGETABLES



CANNED STEW & SOUPS



OATMEAL/BREAKFAST CEREAL



WHOLE GRAIN PASTA



100% JUICE



RICE



BOXED, NON-REFRIGERATED MILK

### GUIDELINES:

Please donate products that are in boxes, cans or plastic bottles and do not require refrigeration.

Please note we prefer items that are low in sugar/sodium and free of high fructose corn syrup. Please do not donate bread and baked goods which have a short shelf life.

All items should be recently purchased and in good condition.

• PLEASE NOTE: THESE ITEMS ARE NOT RANKED IN A PARTICULAR ORDER BECAUSE ALL OF THESE ITEMS ARE VERY MUCH NEEDED •