

the  
Feed

Summer 2019

Find out how your  
gifts bring joy

Michelle can feed her  
family, thanks to you

You're fueling  
kids' dreams





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Executive Director

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# Dear Friend,

You're truly an important partner in our work to drive hunger from our communities and end hunger for good.

And so far this year, you've helped us undertake new work to provide support for those in need in the Delaware Valley.

As our partner, you may already know that we have begun pursuing new collaborations with social service organizations to provide food plus critical services, including education, financial literacy, health services, housing and job assistance. We're aiming to create replicable models that end hunger and provide our clients stability and self-sufficiency.

Earlier this year, we were busy providing additional food for furloughed federal government employees. Additionally, we started working with the Visiting Nurses Association to distribute food directly to patients in need, opened three new free produce distributions across our service area (now a total of 17 per week) and increased the number of free programs for kids at school.

Unfortunately, with school letting out for summer vacation soon, hundreds of thousands of kids who normally have access to free or reduced-price breakfasts and lunches at school will find themselves without these reliable meals.

We know we couldn't meet the increased need for healthy food for kids during the summer without the generous support of donors like you! Your investments in our programs mean so much to the children, families and seniors we serve each week.

On behalf of all those we serve together, thank you for being a partner!

Gratefully,

Glenn Bergman  
Executive Director



Sonia is excited to take home pineapple from the free produce market at Einstein Medical Center. She'll use it to make pineapple water, a specialty of her native Peru.

# Healthy Food Gives Joy to Sonia's Family

You might not guess that a simple pineapple could bring so much joy, but the sight of it was enough to make Sonia's day during her recent visit to the free produce distribution at Einstein Medical Center.

few months now and says she's so grateful to you for the nutritious food.

"It's very helpful, especially in today's economy," she says.

Sonia and her husband have two sons, ages 11 and 12. Sonia tries to make sure the kids have healthy food to eat, and she's teaching them how to make it. Lately, they've been learning to make omelets, lemonade and — of course — pineapple water.

The boys eat free breakfast and lunch at school and Sonia says it's hard making up for the loss of those meals during summer vacation. She's happy to know your gifts will be there to help meet that need for food this summer.

"Thank you to the kind, generous people who think of others," she says. "Many blessings to them."

On behalf of the children, families and seniors we serve together, thank

you for your partnership. You make the Delaware Valley a much healthier place to call home.

"Thank you to the kind, generous people who think of others — *many blessings to them.*"

Sonia moved to the United States from Peru 30 years ago, and she still loves making her Peruvian favorite, pineapple water.

But that's not the only reason Sonia is so happy. She's been coming to the free produce distribution for a

WE (CAN) DO MORE  
*With Your Dollar*

YOUR PURCHASE      OUR PURCHASE

# You're Making the Future Brighter!

## THANK YOU

### We (Donut) Know What We'd Do Without Them!

It was a record-breaking year for Dunkin's Roast Hunger campaign — as part of 6abc's Holiday Food Drive, this initiative brought in almost \$200,000! Thank you to Dunkin', its franchisees and, of course, its customers for helping us roast hunger in the Delaware Valley.

### Sunoco Helps Us Literally Drive Away Hunger!

Did you know that Sunoco fuels our entire fleet of cars and trucks that transport food across the Delaware Valley to serve 90,000 people each week? Many thanks to Sunoco for helping us drive hunger from our communities since 2010!

### Thanks a (Melon)...

...to the Harry and Jeanette Weinberg Foundation for making a generous grant to help us build a new home for our Philabundance Community Kitchen program. With their gift of \$1 million, we are closer to making this dream a reality for our growing culinary arts job training program.

### Spreading the Love with Blue Jean Chef

Every February Philabundance raises money to buy peanut butter, a healthy protein and much-needed item. Called Spread the Love, this year's campaign raised a record amount thanks to the generous matching challenge and social media engagement of the Blue Jean Chef, Meredith Laurence. We're nuts about Blue Jean Chef!

### Grateful to Our Grantors:\*

Philabundance serves more than 90,000 people each week, thanks to the generosity of these supporters:

Claneil Foundation  
 HealthSpark Foundation  
 United Way of Greater Philadelphia and Southern New Jersey  
 KeyBank Foundation  
 William Penn Foundation  
 Giant Food Stores, LLC  
 General Motors Foundation  
 GlaxoSmithKline  
 Maverick Capital Foundation

Eden Charitable Foundation  
 Joseph Kennard Skilling Trust  
 The Curtis W. McGraw Foundation  
 The Scholler Foundation  
 The Wawa Foundation  
 Goldman Foundation  
 The Bank of Princeton  
 Tow Foundation

\*List as of 3/13/2019



# Mother and Daughter Spread Love to Community

Robin Thompson has enjoyed volunteering with [Philabundance](#) for several years, but her experience got even more rewarding in 2017 when her daughter, 13-year-old Jenna, joined her. Together, the mother-daughter duo is passionate about serving their community — and having fun in the process.



*Robin and Jenna*

Robin says it's important for her to show her daughter the joy of giving

back to the community, rather than just telling her. They volunteer together at the Philabundance Hunger Relief Center, but have also organized events at Robin's job, as well as Jenna's school, to raise money and food for Philabundance.

"Through our love together, we are working to truly 'spread the love' to those around us," Robin says.

Recently, Robin and Jenna participated in the Philabundance "Spread the Love" food drive and fundraiser to provide peanut butter, a nutritious and much-needed item, for children and families in need.

And Robin and Jenna work to bring in as many family, friends and colleagues as possible for all the volunteer fun. At Robin's workplace, Martin Law Firm, a combined 764.8 pounds of peanut butter was collected for Spread the



Love this year — enough for an estimated 10,700 sandwiches!

"It got big fast, and brought everyone together," Robin says, already enthused for next year's campaign.

Robin and Jenna already have plans for future volunteer work with Philabundance and encourage others to participate. Robin says her favorite part of volunteering with Philabundance is the "spirit of being involved."

"I'm proud of who I am when I help someone," she says.



## Working Together to Accomplish Even More

Would you like your workplace to get involved and help support Philabundance? Whether you host a friendly office competition to raise food and funds, sign up to volunteer or ask your employer to match your donations, we have many opportunities for you and your coworkers to help us drive hunger from our communities while having fun!

To find out more, visit [philabundance.org/get-involved/](http://philabundance.org/get-involved/).

# You Help Single Working Moms Feed Their Children

Michelle is a single mother of two who recently visited the Seeds of Hope food pantry, a member agency of [Philabundance](#) in Montgomery County.

Michelle's oldest son is a graphic design student at a local community college. Luckily, Michelle's work with the county allows him to take two classes for the price of one, helping Michelle save money.

Her youngest son was about to enter kindergarten when she started visiting Seeds of Hope, and thanks to donors like you, he began his first year of school ready to learn and thrive.

She wants to thank Philabundance supporters for making sure she can keep nutritious food on her family's table as her kids learn and grow.

"Thank you!" Michelle says to friends like you.

You're giving moms like Michelle the helping hand they need to provide and care for their families.

*Michelle carries groceries she picked up from Seeds of Hope in Dresher.*

*"Thank you."*

She really enjoys her work as a receptionist at a local probation office, and she brings home a steady paycheck, but her income alone isn't always enough to afford nutritious food after all the family's bills are paid.

That's why Michelle is so thankful your donations allow her to pick up healthy groceries from the food pantry. Seeds of Hope offers a variety of nutritious choices, including fruits, vegetables and protein.



# Yvonda Can Dream Big, Thanks to You



Nine-year-old Yvonda dreams of being a therapist one day. Thanks to your generosity, Yvonda and her two siblings will have the nutrition they need to work toward their goals and keep their minds sharp along the way.

That's because Yvonda's mom, Yolanda, can visit the food pantry at [Philabundance](#) member agency Gibson Temple Baptist Church. Yolanda has been visiting the pantry for several months since her landlord initially told her about it.

"A lot of people would be hungry without this," she says.

Yolanda receives Social Security Disability benefits and some Supplemental Nutrition Assistance Program (SNAP) benefits. But the combined income is rarely enough to pay the family's bills and afford healthy groceries.

She enjoys cooking for her family, and the food from the pantry helps

her fill in the gap between what she can afford on her own and what she actually needs.

"Sometimes I have meat, but no sides," she says.

Yolanda is relieved that her children can eat free breakfasts and lunches at school. But once summer vacation starts, it's difficult for parents like Yolanda to make up the difference in meals.

*Yvonda, 9, and her mother Yolanda hold groceries outside the food cupboard at Gibson Temple Baptist Church.*

Thanks to you, Yvonda and her siblings will have access to nutritious food this summer and beyond.

Thank you for giving children, families and seniors nutritious food and hope for the future!

## Generosity Across ALL Generations!

Did you know that you can continue to drive away hunger, long into the future? Through your will, trust, annuity, life insurance gift or other legacy gift, you can make a difference in our community well into the future.

To learn more, please contact Sara Hertz, Chief Development Officer, at 724-473-3306 or [shertz@philabundance.org](mailto:shertz@philabundance.org).